MO PARKER RELAYS MARCH 8, 2018

SCHEDULE OF EVENTS

3:00 SCRATCH MEETING – **FIELD HOUSE**

FIELD EVENTS

VARSITY SHOT AND DISCUS COMPETITORS WILL GET 4 THROWS WITH NO FINALS. VARSITY LONG & TRIPLE JUMPERS WILL GET 4 JUMPS WITH NO FINALS. JV WILL RECEIVE 3 JUMPS OR THROWS, WITH NO FINALS.

STARTING HEIGHTS:

HIGH JUMP BOYS 5'4" GIRLS 4'4" JV 5'2"
POLE VAULT BOYS 9' GIRLS 7' JV 8'

3:30	*4:15*	*5:00*
GIRLS SHOT	JV DISCUS	BOYS HIGH JUMP
BOYS DISCUS	GIRLS POLE VAULT	JV SHOT
BOYS POLE VAULT	BOYS SHOT	JV TRIPLE JUMP
JV HIGH JUMP	JV LONG JUMP	GIRLS LONG JUMP
GIRLS TRIPLE JUMP	GIRLS HIGH JUMP	GIRLS DISCUS
BOYS LONG JUMP	BOYS TRIPLE JUMP	JV POLE VAULT

4:00 – **3200 M RUN GIRLS, JV, BOYS**

RUNNING EVENTS

WEIGHT MAN'S RELAY	THROWERS ONLY-ALL DIV.
400 M RELAY	GIRLS, JV, BOYS
800 M RUN	GIRLS, JV, BOYS
100 M HURDLES	GIRLS
110 M HURDLES	JV, BOYS
100 M DASH	GIRLS, JV, BOYS
800 M RELAY	GIRLS, JV, BOYS
400 M DASH	GIRLS, JV, BOYS
300 M HURDLES	GIRLS, JV, BOYS
200 M DASH	GIRLS, JV, BOYS
1600 M RUN	GIRLS, JV, BOYS
1600 M RELAY	GIRLS, JV, BOYS